

Moderate Walking & Hiking Itinerary
North End of Cape Breton
Highlands National Park

Name of hike: Mica Hill (map available in Dr & from Park Info Centre)

Approx length of day: 8 hours
Approx driving distance: 56 km

Start: The Maven Gypsy B&B and Cottages

- Turn left onto Cabot Trail
- Drive 53km to Mica Hill Trailhead on left(well marked)

Suggestions: wear a windbreaker; pack a snack or picnic lunch to eat while enjoying the view from the bench located $\frac{3}{4}$ way up Mica Hill where you will discover the meaning of its name

Insights:

- I suggest you take a turn off the Cabot Trail into the hamlet of Dingwall where you can walk, or simply enjoy the view, along the huge, long and very wild sandy beach pounded by the surf.
- Stop in at the Dingwall Museum where the docent leads a great tour about the history of the area as well as informs about the unique lighthouse beacon which was engineered by a Canadian .
- Take in the Markland Resort which has a café open 11:30 am to 4:30 pm which serves wonderful fresh-baked treats with a choice of coffees. Or stop in between 7-9 pm for live music every day except Thurs.